

WHAT CAN I DO WITH A BACHELOR'S DEGREE IN PSYCHOLOGY?

Is a Bachelor's Degree Enough?

There is an unfortunate stereotype that people who only have a bachelor's degree in psychology will never be able to gain fulfilling employment without any type of further education. This belief is as harmful as it is incorrect. In fact, in his interview with CNN, Charles Brewer, a psychology professor at Furman University stated that seeing a psychology degree as *only* a starting point for something more advanced is a mistake.

Shelly K. Schwartz CNN Money (2000)

Advantages of Majoring in Psychology

A bachelor's degree in psychology can be applied to a variety of industries and job roles, making it one of the most versatile academic backgrounds. In addition to being extremely adaptable, a bachelor's degree in psychology can help students gain knowledge, skills, and abilities that are not only seen as assets within the workforce but are important to personal growth as well.



Skills That Make Psychology Majors Appealing to Employers

- 1) **Problem solving:** The ability to approach topics and problems from various perspectives.
- 2) **Research:** The ability to acquire, synthesize, interpret, and efficiently report large amounts of information.
- 3) **Communication:** The ability to speak, write, present, and explain ideas in an effective and compelling way.
- 4) **Critical/analytical thinking:** The ability to think about and critique ideas or concepts in a clear and rational way.
- 5) **Psychological intelligence:** The ability to understand the physiological, emotional, cognitive, and social aspects of human behavior.

Psychology Can Fit Your Career Goals

I want to help people get better

Counselor, Support Worker, Doctor, Nurse, Psychiatrist, Occupational Therapist, Chartered Psychologist, Psychotherapist, Human Factors Specialist

I want to work with kids

School Psychologist, Child Psychologist, Family Therapist, Youth Worker, Speech-Language Pathologist, Social Worker, Social Work Assistant, Child Care Worker, Teacher, School and Career Counselor

I want to do research

Neuroscientist, Psychometrician, Experimental Psychologist, Laboratory Assistant, Writer, Professor

I want to work in business

Industrial/Organizational Psychologist, Human Resources Specialist, Management Analyst, Market Research Analyst, Public Relations Specialist, Sales Manager, Advertising Agent

I want to work within law enforcement

Forensic Psychologist, Correctional Officer, Police Officer, Probation and Parole Officer, Victim Advocate, Lawyer

I want to teach people

Educational Psychologist, Educational Therapist, Leadership Development Professional, Teacher, Health Educator, Professor, Coach

I want to do something else

Human Resources Specialist, Computer Programmer, Administrative Service Manager, Management Analyst, Sales Manager, Sales Representative



The McNally Building at Saint Mary's University

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What Other Universities Are Saying About Careers for Psychology Majors

Carleton University

<https://carleton.ca/psychology/careers/career-options/>

Indiana State University

<https://www.indstate.edu/cas/psychology/undergraduate-psychology-degree/what-can-i-do-psychology-degree>

Notre Dame College

<https://psychology.nd.edu/undergraduate-programs/psychology-major/>

Get To Know Psychology at SMU

Department Website:

<http://www.smu.ca/academics/departments/psychology.html>

SMU Psychology Course Requirement:

<http://www.smu.ca/academics/departments/psychology-undergraduate-requirements.html>

SMU Psychology Faculty and Staff

<http://www.smu.ca/academics/departments/psychology-faculty-and-staff.html>

SMU Academic Calendar 2018-2019

<http://www.smu.ca/webfiles/Academic%20Calendar%202018-2019v4.pdf>

SMU Psychology Contact Information

<http://www.smu.ca/academics/departments/psychology-contact-us.html>

What to do with a Bachelor's Degree in Psychology

Psychology Degree 411

Topics: Why pursue a career in psychology? Jobs you can get with a psychology degree. Psychology careers with a doctorate degree. Specialization fields. Additional resources.
<http://www.psychologydegree411.com/careers/>

American Psychological Association

Topics: Is psychology right for you? Preparing for a psychology career as an undergraduate. Career choices with a psychology bachelor's degree.
<http://www.apa.org/education/undergrad/psych-career.aspx/>

American Psychological Association

Topic: How to find a job with an undergraduate degree in psychology
<http://www.apa.org/gradpsych/features/2009/first-job.aspx>

QS Top Universities

Topics: What can you do with a psychology degree? Typical psychology careers. Psychology careers in healthcare and therapy. Psychology careers in education. Psychology careers in research. Less typical careers with a psychology degree.
<http://www.topuniversities.com/student-info/careers-advice/what-can-you-do-psychology-degree>

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What to do with a Bachelor's Degree in Psychology - Continued

Careers in Psychology

Topics: General advice on getting the most out of your bachelor's degree in psychology.

<http://www.careersinpsychology.org/bachelors-degree-psychology-begin-career-before-graduate>

About Education

Topics: Typical career options. Flexibility and adaptability. Making the most of your degree. What does the future hold for people with bachelor's degree in psychology? First steps after graduation. Job List (see second link).

<http://psychology.about.com/od/careersinpsychology/a/careersbach.htm>

<http://psychology.about.com/od/careersinpsychology/tp/bachelors-psychology-careers.htm>

One Day, One Job

Topic: Entry level job guide for psychology majors. Related and valuable job skills for psychology majors. Well-suited jobs for psychology students. Other possible career paths.

<http://www.onedayonejob.com/majors/psychology/>

WWL's Guide for Psychology Majors

Topics: What is psychology? Career education in psychology. What to do with a degree in psychology. Working environment. Psychology career paths. Diversity in psychology. The outlook for psychology.

<http://www.worldwidelearn.com/online-education-guide/health-medical/psychology-major.htm>

10 Reasons to Major in Psychology

<https://www.psychologytoday.com/blog/fulfillment-any-age/201209/the-top-10-reasons-major-in-psychology>

Did You Know?

Saint Mary's University has *regularly* been rated as one of the Top 10 Primarily Undergraduate Universities in Canada by Maclean's Magazine! With reviews like that, is it any wonder so many students come to Saint Mary's to pursue an undergraduate degree in psychology?

Take a look for yourself!

<https://www.macleans.ca/education/university-rankings/primarily-undergraduate-universities/>

Looking for more information on our undergraduate programs?

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