

HELP STOP

the spread of COVID-19

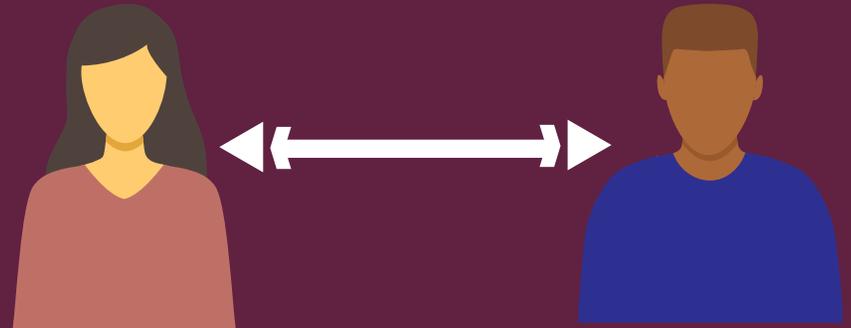
**Cough
into
your
elbow**



**Wear a mask
when social
distancing cannot
be maintained
and when in
common areas**



**Maintain a 2 metre (6 feet)
distance when possible**



**Wash hands
frequently**



**Saint Mary's
University**