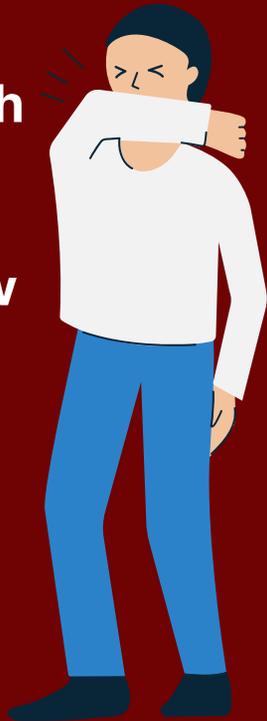


HELP STOP

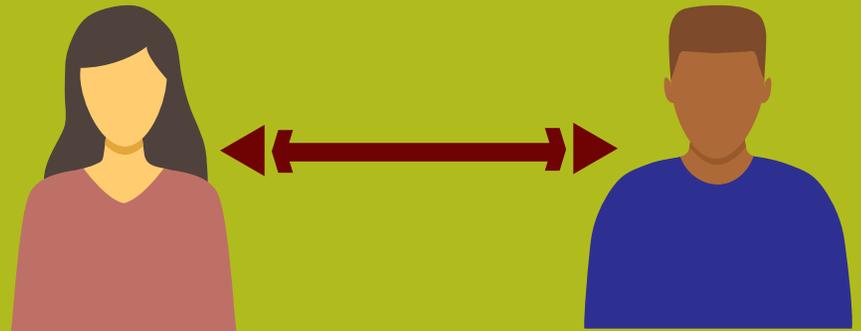
the spread of COVID-19

Cough
into
your
elbow



Wear a mask
when social
distancing cannot
be maintained
and when in
common areas

Maintain a 2 metre (6 feet)
distance when possible



Wash hands
frequently

