

Dr. Charles Beaupré

Dr. Beaupre has been a faculty member at Saint Mary's University since 1994. He teaches primarily in the Asian Studies Program. For many years, Dr. Beaupre has been investigating the subtle interrelationship of body, mind and spirit. He has pursued this line of study in many East Asia settings, focusing on subtle energy enhancement, mainly through qigong. He has presented his findings at international academic conferences, and has conducted workshops and seminars on issues of health, wellness, and positive energy throughout North America.

He is presently promoting two specific forms of wellness / spiritual development known as Jiankang Qigong and Taiji Qigong. His main area of research activity relates to cross-cultural educational psychology; he has been mainly interested in comparative (East-West) studies of learning/teaching approaches, as well as curricula and pedagogical activities informed by transformative learning. He has conducted research in different Asian educational settings, with a particular interest in those that feature holistic approaches to learning. His on-site ethnographic research has converged on education systems in East Asian countries that still attach importance to notions of learning based on ancient concepts of personal development, accentuating a body/mind/spirit connection.